

**Summit School District
Summit, New Jersey**

School Health Office

Dear Parents/Legal Guardians:

To comply with statutory regulations issued by the New Jersey Department of Education, physical examinations are not provided by the district school physician.

Students are required to undergo a physical examination upon entry into school for the first time. The examination must be completed by physician licensed to practice medicine and surgery within the State of New Jersey or by a nurse practitioner/clinical nurse specialist certified by the New Jersey Board of Nursing working in collaboration with a New Jersey licensed physician.

In addition, the state requires that each school district notify parents of the importance of obtaining subsequent medical examinations by the child's health care provider at least one time during each developmental stage, e.g., early childhood (preschool through grade 3), preadolescence (grades four through six), and adolescence (grades seven through twelve). An ideal medical program for your child consists of routine physical examinations performed by your child's own medical provider during these periods of rapid growth and development.

A physical exam form can be obtained from the school nurse for completion at the time of your child's physical. Although this is not mandatory, the school nurse can use this to update your child's school health record with the current information. Please return the completed form to the health office.

Thank you for your attention to this matter.

Sincerely,

Summit School Nurses