

Weekly News



"Inspiring all to develop a growth mindset and the joy of learning in a creative, safe, and inclusive environment."

Principal's Corner: Points from the Principal

This has been an exciting month at the Primary Centers. We've even had the opportunity to experience a little winter! Last week was truly an inspirational and fun week. Read Across America activities engaged students in conversations, imaginative play, and partnerships with new friends and teachers--all to share a love of learning and fun. We look forward to continuing with this momentum! We are very lucky to have Book Fairs at both our buildings--last week at WPC and JPC will join with Jefferson Elementary at the end of the month. I hope you take time each day to read with and to your children--and have them read to you as well. The research is very clear--there are numerous benefits to reading with children: it supports cognitive development; improves language skills; prepares them for academic success; increases comprehension and concentration; improves imagination and creativity; cultivates a lifelong love of reading. For me--the most important--it develops a special bond between you and your child(ren).

- **Pajama Drive:** A huge thank you to all the families/staff members who have donated to our Pajama Drive!
- **Monday 3/13:** Next Monday, March 13th, is a Single Session Day, as staff will engage in Professional Development after dismissal. Please review the hours below.
 - Pre-K am (WPC & JPC): 9:00am-10:40am
 - Pre-K pm (WPC): 10:45am-12:25pm
 - Kindergarten (WPC & JPC): 8:30am-12:00pm
 - ABA (WPC): 9:00am-12:25pm
 - PSD (JPC): 9:00am-12:25pm
 - LLD (JPC): 8:30am-12:30pm
- **Kindergarten Parent-Teacher Conferences:** March 29th-31st, 2023 are Single Session Days for Kindergarten classes only! Please plan accordingly.

MARK YOUR CALENDARS!

Here is a link to this year's school calendar: [District Calendar 2022-2023](#)

Mar. 13	Single Session Day for all students Click here for hours
Mar. 29-31	Single Session Day for <u>Kindergarten Only</u> (Parent-Teacher Conferences) 8:30am-12:00pm
April 3-7	No School, Spring Break

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June 7	WPC End of Year Celebration 1:30pm (Rain Date: June 9th)
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Quick Reminders & Links

[Parent Handbook](#)

[Visitor Protocol](#)

[WPC Car Line Reminders](#)

[JPC Car Line Reminders](#)

Health

Covid-19 Reporting: The district has implemented a reporting system, should your child be diagnosed with Covid-19. [Google Reporting Form \(Espanol\)](#).

Student Vaccinations: If your child has received his/her vaccinations, please provide a copy to the school nurse once they receive both shots.

Technology:

Chromebooks: If you are experiencing **a technical issue**, please contact problem@summit.k12.nj.us and provide as much detail as possible. If you have a question about your child's passwords for applications, contact your child's teacher.

General Reminders:

Travel: If you are planning to travel with your child(ren), please be sure to communicate with your child's teacher, the Main Office, **and** School Nurse.

IMPORTANT INFO 2022-2023: Click the link for a list of housekeeping items such as important phone numbers, medical/nurse updates, etc. Please refer to the Parent Handbook for more detailed information.

Hilltopper University: Click to find online resources to extend learning at home!

A Sneak Peek into the Classrooms...

- **Ms. Chambers' and Miss Klaif's Classes:** For the past several weeks Miss Klaif and Ms. Chambers' classes have been working together to create posters for Black History month. This project began with students selecting famous people that they wanted to learn about further. Students researched and collected facts about their famous person. They then worked

Weekly News



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together to write sentences using their facts. Finally they decorated their posters and presented them to the classes.



- **Mrs. Paris, Kindergarten Art & Music:** Kindergarten Students at JPC and WPC even celebrated Read Across America Week in Art & Music Class! After listening to a read aloud of "Let's Go for a Drive", by Mo Willems, students learned how to draw ON THEIR OWN- the characters Elephant and Piggie!! Everyone was super proud of their work!! They then added speech bubbles to the characters and made up their own Elephant and Piggie Story!!



- **Mrs. Abramov, School Library Media Specialist:** This week in library class your child learned what a biography is- A biography is a true story about someone's life. Biographies tell about famous people, or ordinary people who have done exciting things. They usually center on one person's life and how they have contributed to the world. If your child came home with a biography this week, please take the time to read it together. You can also visit the Summit Public Library to check out more biographies. Last month was Black History Month and March is Women's History Month - a great time to learn about who contributed to our world. Happy Reading!

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Nurse's Corner: Please see the attached flyers on Strep Throat.

No Pre-K: There will be no Pre-K for Ms. Dorsey's class on Friday, March 10th. Mr. Del Piano and Ms. Vaccaro's classes will dismiss at 11:30.

Pajama Program: Donations for new pajamas and new books will end on Friday, March 10th.

PTO: Please see the attached PTO newsletter.

Reeves Reed Arboretum: Please see the attached flyer on Children & Family Spring programs.

Summit Free Public Library: Please see the attached flyer on special events and activities for grades K-5.



The most-visited site devoted to children's health and development

Strep Throat

What Is Strep Throat?

Strep throat is an infection caused by a type of bacteria (group A *streptococcus* or GAS). Group A strep bacteria are the most common cause of bacterial sore throat in children and teens.

Strep throat usually needs treatment with antibiotics. With the proper medical care — and plenty of rest and fluids — most kids get back to school and play within a few days.

What Are the Signs & Symptoms of Strep Throat?

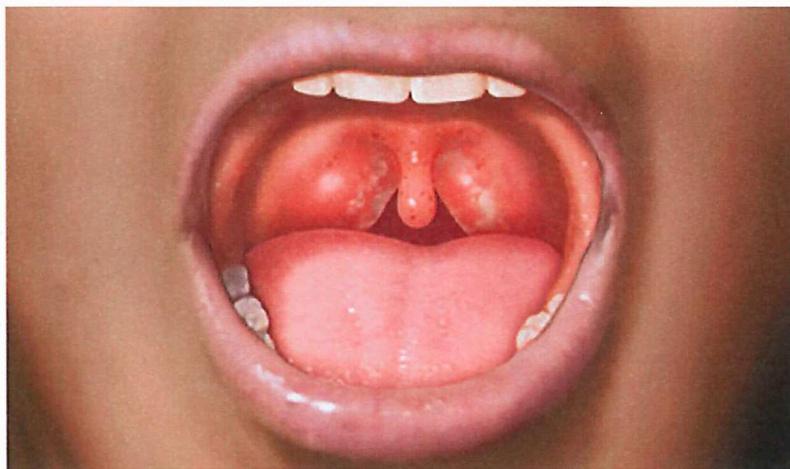
Symptoms of strep throat include:

- sore throat
- fever
- red and swollen tonsils
- painful or swollen neck glands

Not all sore throats are strep throats. Often, kids have a sore throat because of a virus, which will usually clear up without medical treatment.

Kids who do have strep throat might get other symptoms within about 3 days, such as:

- red and white patches in the throat
- trouble swallowing
- a headache
- lower stomach pain
- general discomfort, uneasiness, or ill feeling
- loss of appetite
- nausea
- rash



Is Strep Throat Contagious?

Strep throat is very contagious. Anybody can get it, but most cases are in school-age kids and teens. Infections are common during the school year, with peaks in winter and early spring, when big groups of kids and teens are in close contact.

How Do People Get Strep Throat?

The bacteria that cause strep throat tend to hang out in the nose and throat. So normal activities like sneezing, coughing, or shaking hands can easily spread an infection from one person to another.

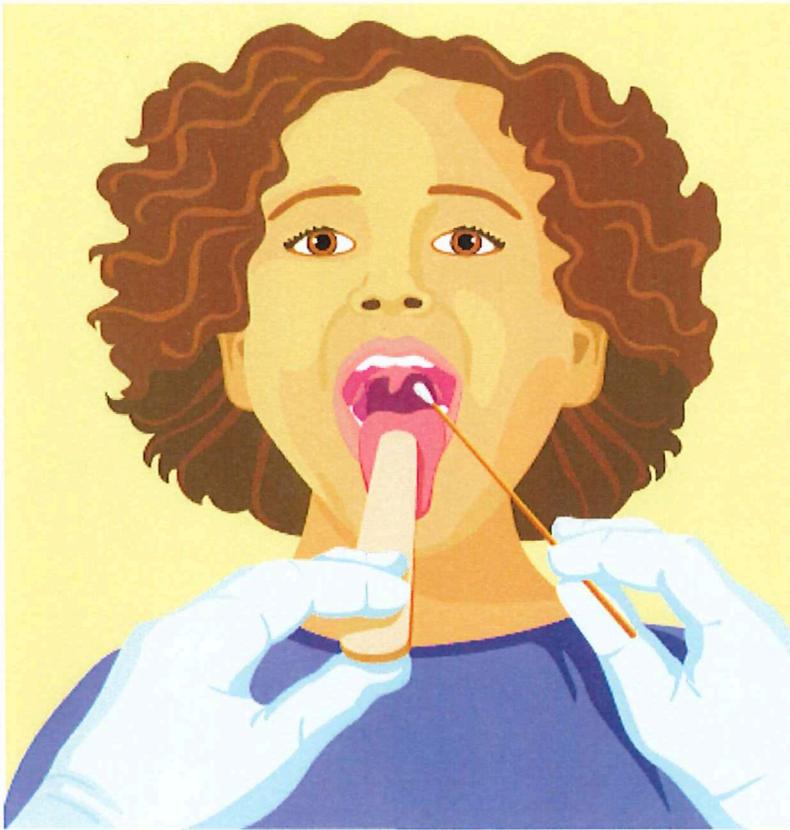
Kids with untreated strep throat are more likely to spread the infection when their symptoms are most severe, but can still infect others for up to 3 weeks.

That's why it's so important to teach kids to wash their hands well and often. This can lower their chances of getting contagious diseases like strep throat.

How Is Strep Throat Diagnosed?

If your child has a sore throat and other strep throat symptoms, call your doctor. The doctor will likely do a rapid strep test in the office, using a cotton swab to take a sample of the fluids at the back of the throat. The test only takes about 5 minutes.

If it's positive, your child has strep throat. If it's negative, the doctor will send a sample to a lab for a throat culture. The results are usually available within a few days.



How Is Strep Throat Treated?

Doctors usually prescribe about 10 days of antibiotic medicine to treat strep throat. Within about 24 hours after starting on antibiotics, your child probably won't have a fever and won't be contagious. By the second or third day, other symptoms should start to go away.

Even when kids feel better, they should take the antibiotics as prescribed. This is the best way to kill the harmful bacteria. Otherwise, bacteria can stay in the throat and symptoms can come back. Completing all the antibiotics also prevents other health problems that group A strep bacteria can cause, such as rheumatic fever (which can cause heart damage), scarlet fever, blood infections, or kidney disease.

To prevent spreading group A strep bacteria to others in your home:

- Keep your child's eating utensils, dishes, and drinking glasses separate and wash them in hot, soapy water after each use.
- Make sure your child doesn't share food, drinks, napkins, handkerchiefs, or towels with other family members.
- Teach your child to cover all sneezes or coughs. If a tissue isn't handy, kids should sneeze or cough into their elbow, not their hands.
- Remind everyone to wash their hands well and often.
- Give your child a new toothbrush after the antibiotic treatment starts and they're no longer contagious.

How Can I Help My Child Feel Better?

Home care can help your child feel better while battling strep throat. Give plenty of liquids to prevent dehydration, such as water or ginger ale, especially if your child had a fever. Avoid orange juice, grapefruit juice, lemonade, or other acidic beverages, which can irritate a sore throat. Warm liquids like soups, sweetened tea, or hot chocolate can be soothing.

For fever and pain, your doctor may suggest an over-the-counter medicine, such as acetaminophen or ibuprofen. Follow the package directions on how much to give and when.

Talk to your doctor about when your child can return to normal activities. Most kids can go back to school when they've taken antibiotics for at least 24 hours and no longer have a fever.

Reviewed by: Rachel S. Schare, MD
Date reviewed: April 2022

Note: All information on KidsHealth® is for educational purposes only. For specific medical advice, diagnoses, and treatment, consult your doctor.

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The most-visited site
devoted to children's
health and development

Faringoamigdalitis estreptocócica

¿Qué es la faringoamigdalitis estreptocócica?

La faringoamigdalitis estreptocócica es una infección provocada por un tipo de bacteria (*estreptococos* grupo A). Las bacterias estreptocócicas provocan aproximadamente un tercio de todos los dolores de garganta.

La faringoamigdalitis estreptocócica suele requerir tratamiento con antibióticos. Con la atención médica adecuada (además de mucho reposo y líquidos), los niños deberían poder regresar a la escuela y jugar en unos pocos días.

¿Cuáles son los signos y los síntomas de la faringoamigdalitis estreptocócica?

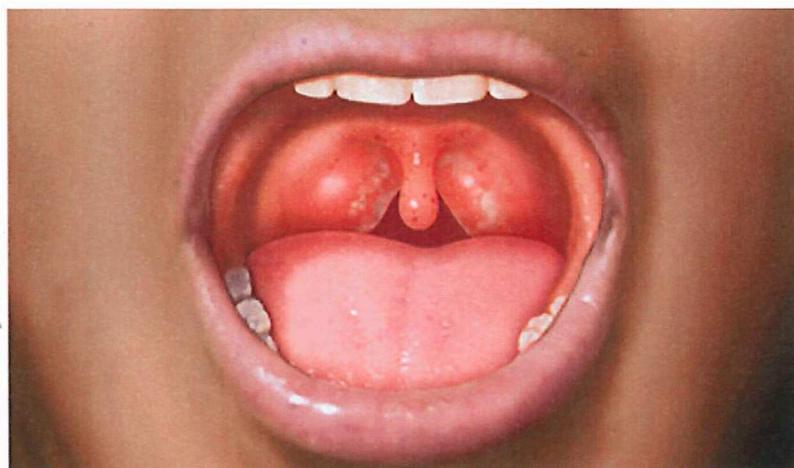
Los síntomas de la faringoamigdalitis estreptocócica incluyen:

- dolor de garganta
- fiebre
- amígdalas inflamadas y rojas
- dolor e inflamación en los ganglios del cuello

No todos los dolores de garganta son una faringoamigdalitis estreptocócica. Con frecuencia, los niños tienen dolor de garganta debido a un virus, que suele mejorar sin tratamiento médico.

Los niños con faringoamigdalitis estreptocócica tal vez tengan otros síntomas dentro de aproximadamente 3 días. Entre esos síntomas se encuentran los siguientes:

- manchas rojas y blancas en la garganta
- dificultad para tragar
- dolor de cabeza
- dolor en la parte baja del estómago
- malestar general, molestias o sentirse enfermos
- pérdida del apetito y náuseas
- erupción en la piel



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¿Es contagiosa la faringoamigdalitis estreptocócica?

La faringoamigdalitis estreptocócica es muy contagiosa. Cualquier persona puede padecerla, pero la mayoría de los casos ocurren en adolescentes y niños en edad escolar. Las infecciones son más frecuentes durante el año escolar, cuando hay grupos numerosos de niños y adolescentes en lugares cerrados.

¿Cómo se contagia la faringoamigdalitis estreptocócica?

Las bacterias que provocan faringoamigdalitis estreptocócica suelen estar presentes en la nariz y la garganta, por eso las actividades comunes, como estornudar, toser o darse las manos pueden contagiar fácilmente la infección de una

persona a otra.

Los niños que no reciben tratamiento para la faringoamigdalitis estreptocócica tienen más probabilidades de contagiar la infección cuando los síntomas son más fuertes, pero pueden contagiar incluso durante 3 semanas.

Por eso es tan importante enseñarles a los niños la importancia de lavarse bien las manos; la higiene adecuada puede reducir las probabilidades de contraer enfermedades contagiosas, como la faringoamigdalitis estreptocócica.

¿Cómo se diagnostica la faringoamigdalitis estreptocócica?

Si su hijo tiene dolor de garganta y otros síntomas de faringoamigdalitis estreptocócica, llame al médico. Probablemente, el médico le haga una prueba estreptocócica rápida en el consultorio utilizando un hisopo de algodón para tomar una muestra de los líquidos de la parte posterior de la garganta. Esta prueba demora aproximadamente 5 minutos.

Si el resultado es positivo, su hijo tiene faringoamigdalitis estreptocócica. Si es negativo, el médico enviará una muestra a un laboratorio para que se haga un cultivo de exudado faríngeo. Los resultados suelen estar disponibles al cabo de unos pocos días.



¿Cómo se trata la faringoamigdalitis estreptocócica?

Los médicos suelen recetar un antibiótico durante aproximadamente 10 días para tratar la faringoamigdalitis estreptocócica. Es probable que, aproximadamente 24 horas después de comenzar a tomar el antibiótico, su hijo ya no tenga fiebre y no contagie la enfermedad; al segundo o tercer día, otros síntomas deberían comenzar a desaparecer.

Los niños deben continuar tomando los antibióticos tal como se los hayan recetado, aun cuando se sientan mejor. De lo contrario, las bacterias pueden permanecer en la garganta y volver a causar síntomas. Completar la toma de todos los antibióticos es la mejor manera de prevenir otros problemas de salud relacionados con la infección por estreptococos, como fiebre reumática (que puede provocar daños permanentes en el corazón), escarlatina, infecciones de la sangre o enfermedad renal.

Para prevenir el contagio de la faringitis estreptocócica a otras personas del hogar, haga lo siguiente:

- Mantenga los cubiertos, platos y vasos de su hijo separados y lávelos con agua caliente y jabón después de cada uso.
- Asegúrese de que su hijo no comparta alimentos, bebidas, servilletas, pañuelos ni toallas con otros integrantes de la familia.

- Asegúrese de que su hijo se cubra la boca al estornudar o toser (si no tiene un pañuelo a mano, debe cubrirse con la parte interna del codo, no con las manos).
- Recuérdele a todos los integrantes de la familia que se deben lavar las manos seguido y a fondo.
- Una vez que comience el tratamiento antibiótico y su hijo ya no contagie, cámbiele el cepillo de dientes por uno nuevo.

¿Cómo puedo ayudar a mi hijo a sentirse mejor?

El tratamiento en casa puede ayudar a su hijo a sentirse mejor mientras combate la faringoamigdalitis estreptocócica. Dele abundantes líquidos, como agua o ginger ale, para prevenir la deshidratación, en especial si ha tenido fiebre. Evite el jugo de naranja, el jugo de pomelo, la limonada y otras bebidas ácidas, que pueden irritar la garganta. Los líquidos tibios, como sopas, té endulzados o chocolate caliente, pueden aliviar el dolor.

Hable con el médico para saber en qué momento su hijo puede retomar sus actividades habituales. La mayoría de los niños pueden volver a la escuela una vez que hayan tomado antibióticos durante al menos 24 horas y ya no tengan fiebre.

Revisado por: Joanne Murren-Boezem, MD

Fecha de revisión: septiembre de 2017

Nota: Toda la información incluida en KidsHealth® es únicamente para uso educativo. Para obtener consejos médicos, diagnósticos y tratamientos específicos, consulte con su médico.

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PTO NEWSLETTER

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BOOK FAIR CONTINUES
ONLINE THROUGH 3/12

PAGE 3

PAJAMA & BOOK DRIVE
THROUGH 3/10

PAGE 4

YMCA FAMILY PACKS PROGRAM
VOLUNTEER OPPORTUNITY

PAGE 4

NEW YORK YANKEES GAME
SUNDAY, APRIL 16TH

PAGE 5

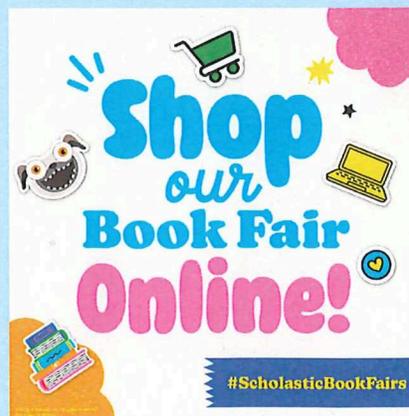
TITO'S FUNDRAISER
MONDAY, APRIL 17TH

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SCHOOL SPIRIT DAYS
EVERY FRIDAY

≡ **Book Fair!** ≡

CONTINUES ONLINE
THROUGH MARCH 12TH!



[TINYURL.COM/WPC-BF-ONLINE](https://tinyurl.com/wpc-bf-online)



- USE REMAINING EWALLET BALANCE
- ONLINE SALES THROUGH MARCH 12TH CONTINUE TO EARN 25% BACK IN REWARDS FOR OUR SCHOOL
- ANY REMAINING EWALLET BALANCE AFTER MARCH 12TH WILL AUTOMATICALLY CONVERT TO A SCHOLASTIC GIFT CARD.
- SHOP THROUGH OUR SCHOLASTIC SITE AFTER MARCH 12TH AND WPC EARNS 2% BACK DURING THE WHOLE YEAR.

DONATION BASKETS ARE AVAILABLE OUT FRONT DURING
DROP OFF AND PICK UP.

YOU MAY ALSO BRING DONATIONS TO THE FAMILY BOOK
FAIR EVENTS ON WEDNESDAY EVENING AND SATURDAY.



We are hosting a
PAJAMA AND BOOK DRIVE

to benefit
 **Pajama Program**

Date: February 27 - March 10

Time: During School Hours

Location: Jefferson Primary Center and Wilson Primary Center

Donate new pajamas and storybooks to benefit Pajama Program, a national 501(c)(3) nonprofit organization that promotes and supports a comforting bedtime routine and healthy sleep for all children to help them thrive. Since 2001, they have provided over 7 million cozy pajamas and inspiring storybooks to children who are facing adversity, as well as critical resources for parents & caregivers to support children at bedtime.

pajamaprogram.org | info@pajamaprogram.org | 212.716.9757



Family Packs Program | Summit Area YMCA



Copy link



rather than picking and eating junk or chips
or whatever might be available.

Watch on  YouTube



The Family Packs Program – originally operated throughout the school year, now runs year round for those who need our help. The Summit Area YMCA partners with local organizations like the Community FoodBank of New Jersey to run The Family Packs Program, which distributes food for supplemental meals every week to local families and children.

Every week, Summit Area YMCA volunteers serve as drivers to deliver the fresh and shelf stable food to designated schools and families in the Summit area. For those in school, teachers and school staff discreetly place the packages in the backpacks of students enrolled in the program most of whom receive free or reduced-priced school meals during the school week but who may not have access to food over the weekend.

BECOME A VOLUNTEER

Volunteers are needed every Thursday morning to pick up food from the Community FoodBank of NJ in Hillside and deliver to designated Summit Schools.

[SIGN UP](#)

WPC PTO PRESENTS

YANKEES

FUNDRAISER



Ticket Only

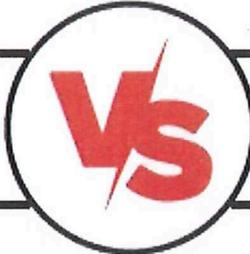
\$60

Sunday

16TH

APRIL

NEW YORK YANKEES



MINNESOTA TWINS

EACH TICKET WILL INCLUDE A FREE HOT DOG, DRINK (WATER, SODA OR BEER) AND YANKEES BACKPACK. SEATS ARE TERRACE LEVEL.

LIMITED
TICKETS
REMAINING!

YANKEE STADIUM
GAME STARTS 1:35PM
RSVP BY MARCH 27TH

DON'T
DELAY!
RESERVE
YOURS
TODAY!!!!

WWW.TINYURL.COM/WPC-YANKEES

Now Serving: Wilson Primary Center

Show your support, raise some much needed funds for a great cause, and get a tasty meal all in one selfless act!



**Tito's
BURRITOS
& WINGS**

356 Springfield Ave, Summit
908.277.3710

Join us for a fundraiser to support
Wilson Primary Center

Come to Tito's Burritos & Wings @ 356 Springfield Ave. Summit
Monday, April 17th. 15% of proceeds from 5pm - 9pm
will be donated to Wilson Primary Center.

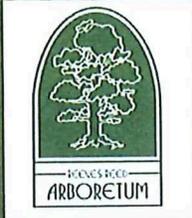
Eat in • Take out • Catering • Delivery • Order online @ titosburritos.com



SCHOOL SPIRIT DAYS

EVERY FRIDAY UNTIL SUMMER!!

WEAR YOUR WPC T-SHIRT!!



Children & Family Programs

SPRING 2023



DISCOVERY WEEKENDS

Saturdays + Sundays, 9am - 3pm

March 11 - May 21

(Free program for families with children ages 3 and older)

Explore the Arboretum when the gardens and grounds are alive with the sights and sounds of spring. Drop by the Stackhouse Education Center anytime between 9am-3pm for this self-guided program.



OAKS & ACORNS

Every Wednesday, 1 - 2pm

March 29 - May 17

(for children ages 3-5 with an adult)

Wonder, respect and love for the natural world will get a great start in this engaging weekly class featuring a different topic each week.



ARBORETUM AFTERNOONS

Every Thursday, 4 - 5pm

March 30 - May 18

(for children ages 5-8 years old, drop off program)

After a long school day, your child will enjoy exploring a different fun nature topic each week with our Arboretum Educators.



LET'S GET GROWING!

Saturdays, 9:30 - 11am

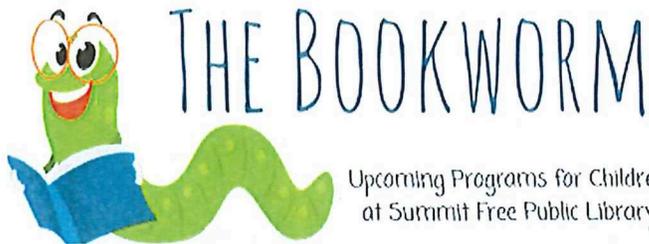
March 25, April 15, May 6

(for children ages 5 -10)

If you like building things and finding out how things grow, this interactive, hands-on garden DIY program is for you. Join us on Saturday mornings to get your hands in the soil and let's create something special together!

Visit reeves-reedarboretum.org for more information and to register.

Reeves-Reed Arboretum 165 Hobart Avenue Summit, NJ (908) 273-8787 x1920



THE BOOKWORM

Upcoming Programs for Children
at Summit Free Public Library

MARCH 2023

SUMMIT FREE PUBLIC LIBRARY

Inform - Enrich - Inspire

75 Maple Street, Summit, NJ 07901 (908) 273-0350 option

Website: www.summitlibrary.org/kids

Facebook: Summit Library Youth Services

Instagram: [summitlibrarykids](https://www.instagram.com/summitlibrarykids)

remind.com: www.remind.com/join/@sfplkids

SPECIAL EVENTS & ACTIVITIES FOR GRADES K-5



Snapology

**Saturday, March 4
2:00-3:00 PM**



Let's think Spring thoughts by building flowers, bees and windmills with Lego robotics.



RESOURCES TO CHECK OUT...

AT SUMMIT FREE PUBLIC LIBRARY

Book Lists: Books recommended by library staff, for all age levels

Capstone Interactive: A collection of over 200 eBooks available on the library catalog.

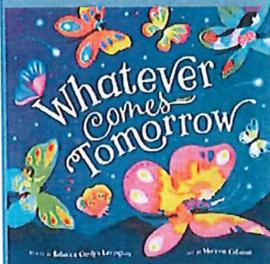
Library of things: Oversized games, science and robotics devices to take home, sponsored by the Friends of the Library

Museum Passes: Free Passes to local museums, sponsored by the Friends of the Library

Readalong titles: Books with an audio device installed on the back of the book. This is a great resource to practicing reading fluency.

Whatever Comes Tomorrow A visit with Rebecca Gardyn Levington

**Saturday, March 11
@ 2:00-2:30 PM**



Join local Summit author Rebecca Gardyn Levington for the launch of her latest picture book. Listen to the story, ask questions, and create your own "worry doll" to take home

Square Foot Gardening with Reeves-Reed Arboretum

**Saturday, March 18
2:00 - 3:00 PM**

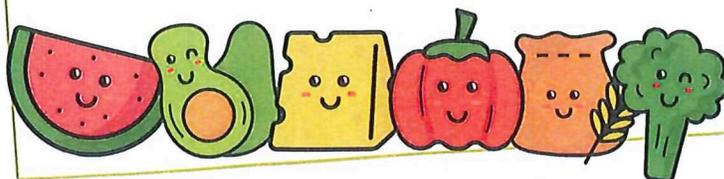
Learn all about how to grow your own square foot garden, with Althea Llewelyn from the Reeves-Reed Arboretum.



HEALTHY KIDS ARE COOKING

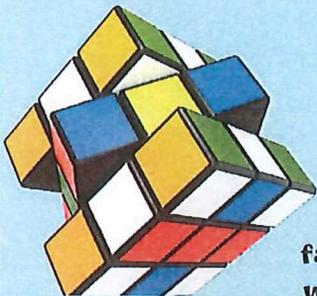
**Wednesday, March 15
4:00PM - 5:30PM
Grades 3-6**

Chip Day



ONGOING PROGRAMS FOR GRADES K-5

Programs that repeat
weekly, biweekly, or monthly



Rubik's Cube Corner
Monday, March 6 & 20
4:00-5:00 PM
Grades 5 and up

Speedcubing is a hobby where someone solves a Rubik's cube as fast as they can. In this Cube Corner, we hope to bring the joy of cubing to more people and we also hope to expand the cubing community..

BOOK BUDDIES

WEDNESDAYS 4 PM - 5 PM

Does your child need to practice their reading? Your child will work with a middle or high school volunteer to read books, play word games, and create stories together.



Books and Woofs

Practice reading aloud to seeing eye dogs & puppies

Monday, March 27.
7:00 - 8:00 PM
Grades K-5



COMING SOON...

LITTLE SPROUTS Wednesdays at 4 PM GARDEN CLUB April-October Grades K-5

The library is starting a community garden! Participate in special STEAM focused garden lessons and help our garden grow. Meet science experts, plant seeds, make yummy recipes with our harvest and much more.

For more information about the library,
or to register for any of our programs, please visit
<https://www.summitlibrary.org/kids> or scan the code.



EVERY TUESDAY
AT 7PM
K- Grade 5

FAMILY STEAM CLUB

March Themes

Food Science

March 7: Making butter

March 14: Yeast and Pretzels

March 21: Sherbet powder reactions

March 28: Salad dressing emulsifiers

A collage of colorful illustrations including a blue robot, a scientist in a lab coat, a girl with a magnifying glass, and a girl standing next to a chalkboard.

BOOK MADNESS

March 6
thru
April 16

Vote for your
favorite
children's books
& series
at Summit Free
Public Library

or scan the code
to vote



Summit Free Public Library 75 Maple Street, Summit, NJ 07901 (908) 273-0350 option 4