

Spring 2019

PHYSICAL EDUCATION INDEPENDENT STUDY APPLICATION PART 2

The Board of Education recognizes the value of physical activity in the development and maintenance of sound physical and mental health. The Board of Education also recognizes that many of our students maintain an active lifestyle through athletics. These athletes often train for many hours each week. Therefore, **any sophomore, junior, or senior student who participates in a Summit High School athletic program or in an approved outside athletic activity may apply to take a Physical Education Independent Study** for up to three marking periods. Students will be scheduled for a study hall in lieu of their Physical Education class where they are expected to focus on academics. Attendance in that study hall is mandatory.

- **Students must apply online and submit the signature form below by March 7, 2019.**
- To receive credit in Physical Education, a log sheet and typed journal entry, which must include a relevant Cumulative Progress Indicator (CPI) and a NJ Core Curriculum Content Standard, the date, the PE teacher and a coach's signature, **must be submitted ONLINE by 9 a.m. each Tuesday. (NO LATE ENTRIES WILL BE ACCEPTED FOR ANY REASON.)** Students should check PowerSchool to monitor their progress. *Once logs are submitted, a return receipt will be sent to your Summit GMail. If two logs and journal entries are not submitted within a season, the student will be removed from the PE Independent Study.*
- No student will be exempt from Health or Driver's Education.
- No student may have more than 2 study halls (including the PE Exemption Independent Study).
- Once a PE Independent Study has been granted, it can only be changed by the high school administration. Requests for any changes must be in writing.

Failure to submit TYPED ONLINE journals and logs will result in reduced grades and/or removal from the Physical Education Independent Study.

Additional details are included on the following page.

The following tear-off with the appropriate signatures must be completed and submitted to the main office.

Student Name: _____ **Coach Name:** _____

I understand the requirements for me to participate in a PE Independent Study. If I am no longer participating in my sport, I will notify the administration via email immediately.

Student's Signature: _____ **Date:** _____

I understand my child's responsibility as a participant in the PE Independent Study.

Parent's Signature: _____ **Date:** _____

This student is on my team and I understand that he or she will notify the administration if he or she is no longer participating in this sport.

Coach's Signature: _____ **Date:** _____

Return the completed form, with all signatures, to the Main office by the dates listed above
Late Forms will NOT be considered

Guidelines for the Physical Education Independent Study:

- Any sophomore, junior, or senior student who plays a sport for SHS or participates in an approved athletic activity outside of school is eligible for this program. Rosters for each sport will be provided to the committee by coaches through the Athletic Director's office.
- Athletes may not be assigned to a PE Independent Study during Health or Driver's Education. Health and Driver's Education will not be rescheduled to accommodate PE Independent Study.
- Students must apply for PE Independent Study using the Physical Education Independent Study Request Forms for each season (up to 3 marking periods). All applications are available on the high school website and provided to students by email. Please note: two forms are required. One is online and the other is included with these guidelines and requires signatures to verify understanding of the requirements. One application must be filled out online and the other which is a sign-off form must be signed by the student, parent/guardian, and coach and then returned to the Main Office by the posted due date for each season. Students are required to stay in their Physical Education class until the specified date for each season.
- Daily attendance in the study hall will be taken for accountability. Students who choose not to attend the Independent Study study hall will be given appropriate consequences and lose PE Independent Study. Students assigned to study halls are expected to follow all study hall procedures.
- All students must take the required assessments as part of the Physical Education program. Students will be notified of assessment dates in advance and will be required to report to PE and not to study hall on those dates.
- If an athlete leaves the team or the season ends for the team, the athlete will be re-enrolled in Physical Education for the balance of the season. The student-athlete must inform the Athletic Director, administration and PE teacher if he/she leaves the team or the season ends. All students, even if they are still in season, must return to PE on June 10th, 2019.
- If an athlete is not able to participate in physical activity due to an injury, that information must be communicated through the typed log entries and verified by the school nurse.
- The student's grade for the quarter will reflect the work he or she is required to complete in the independent study as well as work completed while participating in the Physical Education/Health course. Ten points will be deducted for each missing log/journal. After two missing assignments, students will be required to return to PE. Students are eligible to get back 5 points by attending the weight room during lunch, before or after school during the week in which the journal was not submitted.
- In order to meet the requirements for credit in the PE Independent Study, students must submit ONLINE the typed weekly logs and journals each Tuesday by 9 a.m. with quality work, which includes standards and CPIs. Physical activity must meet or exceed 2.5 hours per week and administrators will follow up on signatures to verify attendance. The following website includes the required information:
<http://www.state.nj.us/education/cccs/2014/chpe/standards.pdf>

**ANY VIOLATIONS OF THE PROCEDURES LISTED ABOVE CAN RESULT IN LOSS OF THE
PHYSICAL EDUCATION INDEPENDENT STUDY.**